

Cabinet Secretary for NHS Recovery, Health and Social
Care
Rùnaire a' Chaibineit airson Ath-shlànachadh NHS, Slàinte
agus Cùram Sòisealta
Neil Gray MSP

 **Scottish Government**
Riaghaltas na h-Alba

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Clare Haughey MSP
Convener
Health, Social Care and Sport Committee
The Scottish Parliament
EDINBURGH
EH99 1SP

21 August 2024

Dear Clare

***CHIEF MEDICAL OFFICER'S ANNUAL REPORT 2023-2024 – Realistic Medicine:
Taking Care - People, Planet, Progress, Purpose***

I am writing to let you know that the Chief Medical Officer (CMO) will publish his Annual Report today.

Realistic Medicine: Taking Care - People, Planet, Progress, is the CMO's fourth annual report, and the eighth on Realistic Medicine. The overarching aim of Realistic Medicine is to deliver better value care for patients, and for our health and care system.

In this report, the CMO continues to:

- develop the principles which enable careful and kind care;
- highlight the climate emergency and how health and care professionals can help create a more sustainable system;
- celebrates Scotland's proud tradition of research and innovation and the 50th Anniversary of the Chief Scientist Office; and,
- discusses health inequalities and how we can tackle them.

He also reinforces the need to empower colleagues to practise [Realistic Medicine](#) and recognise how it can impact positively on outcomes and the sustainability of our health and care system .

Scottish Ministers, special advisers and the Permanent Secretary are covered by the terms of the Lobbying (Scotland) Act 2016. See www.lobbying.scot

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I have enclosed a link to the report – <https://www.gov.scot/isbn/9781836011446> - for the Committee's consideration.

Yours sincerely



NEIL GRAY

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